

# Climate and Health Resources: PENNSYLVANIA



Climate change poses risks to human health. [Already in the United States](#), we are seeing rising temperatures, increased frequency and intensity of some types of extreme weather, sea level rise, and other changes in weather and climate patterns. We are all vulnerable to the health impacts associated with climate change. However, these climate and health risks vary across the country.

Pennsylvania has warmed more than 0.5°F in the last century and heavy rainstorms are more frequent. These and other climate impacts mean increasing risks to health. Examples of risks and actions for Pennsylvanians include:

- **More intense rain can overwhelm combined sewer systems** (where storm water and sewage share pipes). This can contaminate recreational water and sources of drinking water and lead to disease outbreaks. [Learn how you can take action to ensure drinking water safety](#), such as:
  - **Prepare:** Have an emergency water supply ready for your family (1 gallon per person/pet per day).
  - **Respond:** Check the news for tap water safety notices, such as boiling water before use.
  
- **Higher temperatures and other weather changes will increase levels of ozone pollution** (a component of smog), increasing health risks like asthma-related hospital visits. [Learn how you can take action to protect against poor air quality](#), such as:
  - **Prepare:** Check news or [airnow.gov](http://airnow.gov) for local air quality reports.
  - **Respond:** Reduce outdoor activity when pollution levels are high.
  
- **Longer warm seasons mean that ticks carrying Lyme disease will emerge earlier in the season and move into new areas.** [Learn how you can take action to protect against ticks](#), such as:
  - **Respond:** Check for and remove ticks promptly after coming indoors. Remember that pets may bring ticks into the house.
  - **Respond:** Wear protective clothing (such as high boots and long sleeves and pants), and consider using insect repellent.

Learn more in the [USGCRP Climate and Health Assessment](#).

The examples of risks and actions provided in this document are not a comprehensive list. They provide users with illustrative impacts and resources for further information. Examples were selected based on relevance to the state or region and representation of a diversity of health threats. Selection does not imply ranking of severity of impacts nor prioritization of actions. The examples of impacts are based on "The Impacts of Climate Change on Human Health in the United States: A Scientific Assessment," available at <https://health2016.globalchange.gov>, as well as the National Climate Assessment at <http://nca2014.globalchange.gov/>

## RESOURCE FOR PENNSYLVANIANS

Resource Topic	Information	Source
<b>Climate Change Impacts</b>	<b>Learn More:</b> <a href="#">What Climate Change Means for Pennsylvania</a>	U.S. Environmental Protection Agency
	<b>Learn More:</b> <a href="#">National Climate Assessment: Northeast</a>	U.S. Global Change Research Program. 2014.
	<b>Explore Actions:</b> <a href="#">Pennsylvania Climate Adaptation Planning Report: Risks and Practical Recommendations, 2014</a> <i>Includes Health Concerns for: Coastal Flooding, Inland Flooding, Extreme Heat, Drought</i>	State of Pennsylvania
	<b>Explore Actions:</b> <a href="#">Pennsylvania Climate Impact Assessment 2013 Update</a>	Pennsylvania State University (Penn State), Pennsylvania Department of Environmental Protection. October 2013.
	<b>Explore Actions:</b> <a href="#">Growing Stronger: Toward A Climate-Ready Philadelphia</a>	City of Philadelphia, Pennsylvania. November 2015.
	<b>Explore Actions:</b> <a href="#">City of Chester, Pennsylvania Vision 2020: Climate Adaptation Planning Elements</a>	City of Chester Hazards and Climate Taskforce. June 2015.
<b>Public Health Information</b>	<b>Find Resources:</b> <a href="#">EPA Region 3 (Mid-Atlantic)</a>	U.S. Environmental Protection Agency
	<b>Find Resources:</b> <a href="#">Pennsylvania Department of Health</a>	State of Pennsylvania
	<b>Find Resources:</b> <a href="#">Pennsylvania Emergency Management Agency</a>	State of Pennsylvania